

Gluten Allergy Menu

Grilled Chicken Salad – available at Market Restaurant & Castle Burger

Mix greens, tomatoes, carrots, grilled chicken, dressing of your choice

(Allergy friendly: dairy, nuts, tree nuts, shellfish, fish, egg, soy)

¼ Rotisserie Chicken – available at Market Restaurant

¼ Slow roasted rotisserie chicken, served with roasted red bliss potatoes, vegetable medley.

(Allergy friendly: dairy, nuts, tree nuts, shellfish, fish, egg)

½ Rotisserie Chicken – available at Market Restaurant

½ Slow roasted rotisserie chicken, served roasted red bliss potatoes, vegetable medley

(Allergy friendly: dairy, nuts, tree nuts, shellfish, fish, egg)

Norwegian Salmon – available at Market Restaurant

6oz Norwegian Salmon, lightly seasoned, served with roasted red bliss potatoes, vegetable medley & seared lemon

(Allergy friendly: dairy, nuts, tree nuts, shellfish, egg)

Ultimate Garden Salad – available at Lakeside Sandwich Shoppe

Mix greens, tomatoes, carrots, dressing of your choice

(Allergy friendly: dairy, nuts, tree nuts, shellfish, fish, egg, soy)

Greek Salad – available at Lakeside Sandwich Shoppe

Mix greens, tomatoes, carrots black olives, feta cheese, dressing of your choice

(Allergy friendly: nuts, tree nuts, shellfish, fish, egg, soy)

Chicken Caesar Salad – available at Lakeside Sandwich Shoppe

Chopped romaine, tomatoes, grilled chicken, Parmesan cheese, dressing of your choice

(Allergy friendly: nuts, tree nuts, shellfish, fish, egg, soy)

Granny Apple Fries – available at Granny Apple Fries

Fries made from Granny Apples, dusted in cinnamon sugar, served with a side of vanilla whipped cream

(Allergy friendly: nut, tree nut, shellfish, fish, egg)

Contains: cornstarch, dairy (whipped cream), cinnamon

Fruit cups – available at Market Restaurant & Lakeside Sandwich Shoppe

Seasonal fruits and melons

(Allergy friendly: dairy, nuts, tree nuts shellfish, fish, egg, soy)

Contains: blueberries

We work very closely with our suppliers; however, some ingredients may be substituted without prior notice which may change allergy content. In formation is available upon request. While we take every care to preserve the integrity of our dishes, we must advise the dishes are prepared in multi-kitchen environment. All dishes are prepared alongside other foods, so may contain traces of any of known allergens. Drinks and condiments are excluded from this analysis. Please see packs and dispensers for information.